



# New insights in the Treatment of Chronic **Ankle** Instability

[www.afasaigankle.com](http://www.afasaigankle.com)

**21-22 September 2017**  
Palais de la Bourse BORDEAUX

## **PRELIMINARY PROGRAMME**

- Presentation & Discussion around all published techniques
- Live Surgeries by Experts from the Cadaver Lab
- Dissection of the specimens
- Meet the Experts

**Organizing Committee:**  
Thomas BAUER - Stéphane GUILLO



**Organizing Agency**

285 Corniche JF. Kennedy - 13007 Marseille

Tel: +33 (0)4 95 09 38 00

Mervé GUNESSEL - [merve.gunesel@mcocongres.com](mailto:merve.gunesel@mcocongres.com)



**AFAS**

Ankle & Foot Associates  
A section of ESSKA

# INTRODUCTION

ESSKA-AFAS is a section of ESSKA, with the purpose to group current or future European key opinion leaders in the field of ankle and foot related pathology. In 2014 ESSKA-AFAS was recognized as the most active section of ESSKA. We participate in research and education within our field by means of scientific meetings, educational courses and Pau Golano Research Fellowship.

ESSKA-AFAS is happy to accommodate a number of highly active groups and activities like the Ankle Instability Group (AIG), Achilles Tendon Study Group (ATSG) and the International Congress on Cartilage Repair (ICCRA). ESSKA-AFAS is also involved in the production of books and stimulates original research related to the field of ankle pathology.

We are delighted with the initiative of the ESSKA-AFAS Ankle Instability Group chaired by Dr. Stéphane Guillo to organize this ESSKA-AFAS open meeting which promises to feature all of the most recent insights on the theme.

We highly welcome this initiative and look forward to see you all in Bordeaux.

Helder, James and Niek



A handwritten signature in black ink, appearing to read 'Helder Pereira'.

**Helder Pereira**  
ESSKA-AFAS  
Chairman



A handwritten signature in black ink, appearing to read 'James Calder'.

**James Calder**  
ESSKA-AFAS  
Vice-Chairman



A handwritten signature in black ink, appearing to read 'Niek Van Dijk'.

**Niek Van Dijk**  
ESSKA-AFAS  
Past-Chairman

# EDITO

Dear Colleagues,

It is with great pleasure that Thomas Bauer and I welcome you to this first ESSKA - AFAS AIG open meeting.

The ESSKA AFAS AIG was conceived in 2013 and has generated a lot of work in the field of ankle instability, especially exploring the new endoscopic treatment. This first open meeting is unique. We will have the opportunity to discover all the new published techniques for treating ankle instability under endoscopy or percutaneously.

The conference will feature an arthrolab which will give the possibility to all the Key Opinion Leaders to present their techniques on a cadaver specimen. Following this, a live dissection will be performed on each specimen. During the course of these 2 days, we will present all the different endoscopic techniques but also the best results with 2 years follow up and any kind of free papers on this topic.

We are delighted and honored to invite you to Bordeaux, France, in one of the most beautiful congress centers that France offers.

We look forward to seeing you in Bordeaux.

Warm regards.

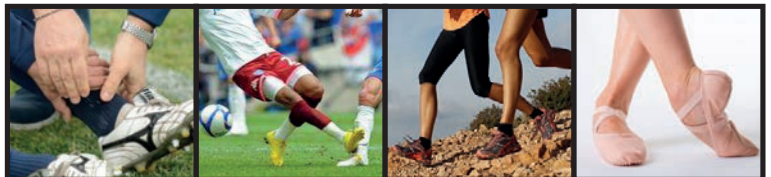
Thomas and Stéphane



**Stéphane Guillo**  
Founder of AIG  
Chairman



**Thomas Bauer**  
Co-founder of AIG  
Vice-Chairman



## AIG MEMBERS LIST

### Scientific Committee:



Thomas Bauer  
(France)



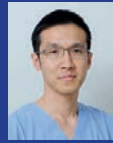
James Calder  
(United Kingdom)



Stéphane Guillo  
(France)



Peter G. Mangone  
(USA)



Kentaro Matsui  
(Japan)



Frederick Michels  
(Belgium)



Christopher Pearce  
(Singapore)



Helder Pereira  
(Portugal)



Anthony Perera  
(United Kingdom)



James W. Stone  
(USA)



Masato Takao  
(Japan)



Siu Wah Kong  
(Hong Kong)

### Faculty:



Jorge Batista  
(Argentina)



Mark Glazebrook  
(Canada)



Gina Kerkhoffs  
(The Netherlands)



Jin Woo Lee  
(Korea)



Xavier Oliva Martin  
(Spain)



Caio Nery  
(Brasil)



Satou Ozeki  
(Japan)



Bas Pijnenburg  
(The Netherlands)



Fernando Raduan  
(Brasil)



Yves Tourné  
(France)



Niek Van Dijk  
(The Netherlands)

## THE ANKLE INSTABILITY GROUP HAS BEEN CREATED TO:

- Provide an International Network of experts in Ankle Surgery and Arthroscopy focused on the Chronic Ankle Instability (CAI).
- Improve and spread the knowledge on diagnosis, prevention and treatment of CAI.
- Develop multicentre studies on arthroscopic assessment and treatment for CAI (cadaveric studies, biomechanical, assessments, clinical series, technical notes, literature reviews, consensus statements).
- Develop cadaveric courses on arthroscopic surgery for CAI.
- The AIG is an international open working group of active experts in the field of CAI and Arthroscopy.

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THURSDAY 21 SEPTEMBER

[www.afasaigankle.com](http://www.afasaigankle.com)

07:00 REGISTRATION DESK OPENING

08:00 - 09:00 ESSKA-AFAS AIG MEMBERS BUSINESS MEETING

10:00 - 10:10 Meeting Opening, ESSKA - AFAS - AIG presentation. S. Guillo 10 min

10:10 - 10:50 How we understand Instability and how we treat instability. Moderators: J. Stone, Y. Tourné

Non surgical approach. (ankle consortium)

Academic orthopaedic point of view. Open reconstruction. G. Kerkhoffs

ESSKA-AFAS-AIG general perspective. T. Bauer

Discussion.

10:50 - 11:50 Radiologic findings and classification: XRay, MRI and live sonography on specimen. L. Pesquer, JL. Brasseur

11:50 - 12:30 Classifications, Algorithm of surgical indication. Moderators: C. Pearce, SW. Kong

Clinical classification. A. Perera

Anatomical classification.

- Accessory bone ossicle: Does it play a role in treatment indication? J. W. Lee

- Anatomical landmarks for lateral ankle ligament surgeries. K. Matsui

Subtalar instability. S. Ozeki, F. Michels

Algorithm of surgical indication. F. Michels, H. Pereira

Systematic review on open surgery outcome. M. Glazebrook, K. Matsui

Is there a place for radiofrequency? N. V. Dijk

12:30 - 13:00 Free Papers. Moderators: T. Bauer, M. Glazebrook

13:00 - 14:00 LUNCH

14:00 - 15:45 Arthroscopic ATFL repair. Moderator: X.O. Martin

Presentation 5 min, live demo 20 min, discussion during dissection 10 min. J. Batista

Presentation 5 min, live demo 20 min, discussion during dissection 10 min. M. Takao

Presentation 5 min, live demo 20 min, discussion during dissection 10 min. J. Vega

15:45 - 16:15 COFFEE BREAK

16:15 - 18:00 Arthroscopic ATFL repair with augmentation. Moderators: C. Pearce, M. Glazebrook

Presentation 5 min, live demo 20 min, discussion during dissection 10 min. P. Mangone, J. Acevedo

Presentation 5 min, live demo 20 min, discussion during dissection 10 min. C. Neri, Nuno Corte Real

Presentation 5 min, live demo 20 min, discussion during dissection 10 min. S. Guillo

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AFAS  
Association Française de Sportifs Ankylosés  
Association of Foot Ankle Surgeons

FRIDAY 22 SEPTEMBER

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- 08:00 - 08:35 **Percutaneous anti roll technique.** Moderators: S. Ozeki, H. Pereira  
Presentation 5 min, live demo 20 min, discussion during dissection 10 min. J. Stone, M. Glazebrook, M. Takao
- 08:35 - 10:20 **Arthroscopic reconstruction session (part 1).** Moderators: JW. Lee, J. Calder  
Arthroscopic visualisation of the ligaments. (presentation 5 min, live demo 20 min, discussion during dissection 10 min) T. Bauer  
Lateral hindfoot endoscopy. (presentation 5 min, live demo 20 min, discussion during dissection 10 min) S. Guillo  
Positioning of the tunnels. (presentation 5 min, live demo 20 min, discussion during dissection 10 min) F. Michels
- 10:20 - 10:50 COFFEE BREAK**
- 10:50 - 13:00 **Arthroscopic reconstruction session (part 2).** Moderators: P. Mangone, F. Raduan  
Presentation 5 min, live demo 20 min, discussion during dissection 10 min. M. Takao  
Presentation 5 min, live demo 20 min, discussion during dissection 10 min. T. Bauer  
Presentation 5 min, live demo 20 min, discussion during dissection 10 min. S. Guillo  
Presentation 5 min, live demo 20 min, discussion during dissection 10 min. J. Kennedy
- 13:00 - 14:00 LUNCH**
- 14:00 - 15:00 **Rehabilitation.** Moderators: M. Glazebrook, G. Kerkhoffs  
A new way for rehabilitation. Y. Tourné, 15mn  
Presentation of the consensus paper. C. Pearce  
A protocol for rehabilitation after surgery. K. Gravare Sibernagel, N. Davey
- 15:00 - 15:30 COFFEE BREAK**
- 15:30 - 16:30 **Results.**  
T. Bauer, S. Guillo, S. W. Kong, P. Mangone, C. Nery, M. Takao
- 16:30 - 17:00 **Debate : Open versus arthroscopy.** Moderators: J. Calder, J. Stone
- 17:00 ESSKA-AFAS AIG CLOSED MEETING**

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## ONLINE REGISTRATION

## REGISTRATION FORM

[www.afasaigankle.com](http://www.afasaigankle.com)

Please return this form before September 13<sup>th</sup>, 2017 by post to :  
MCO Congrès - AIG 2017 - 285 Corniche JF. Kennedy - 13007 Marseille, France  
By e-mail: [anne.laure.leroy@mccongres.com](mailto:anne.laure.leroy@mccongres.com)

First Name ..... Last Name .....  
Address .....  
City ..... Postal/ZipCode ..... Country .....  
Phone ..... Fax .....  
Email (mandatory for confirmation) .....

## GROUP REGISTRATION - INVOICING ADDRESS

First Name ..... Last Name .....  
Address .....  
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Phone ..... Fax .....  
Email (mandatory for confirmation) .....

Intra-community VAT number .....

## CONGRESS REGISTRATION

	before May 2017	before 10/09/2017	after 10/09/2017 & Onsite
ESSKA AFAS Member	<input type="checkbox"/> 450 €	<input type="checkbox"/> 500 €	<input type="checkbox"/> 600 €
ESSKA Member	<input type="checkbox"/> 470 €	<input type="checkbox"/> 520 €	<input type="checkbox"/> 620 €
Non-Member	<input type="checkbox"/> 520 €	<input type="checkbox"/> 670 €	<input type="checkbox"/> 770 €
Resident	<input type="checkbox"/> 200 €	<input type="checkbox"/> 250 €	<input type="checkbox"/> 300 €
Congress Diner <b>Thursday 21 September</b>	<input type="checkbox"/> 70 €	<input type="checkbox"/> 80 €	<input type="checkbox"/> 90 €

**Cancellation Of Registration :** Any cancellation should be made in writing by e-mail or fax.  
A 50% refund is available for cancellations received before September 1<sup>st</sup>, 2017. After this date no refund will be possible.

**Payment :** Payment should be made in euros, payable to MCO. Please indicate «AIG 2017» and your name on all money transfers.

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